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### **Sexuality, Sex, and Gender Reflection**

Sexuality has been denied in many ways in the past, for instance, how one has sexual feelings or sexual aggressiveness. However, sexuality is such a simple term to know the meaning since children know their sexuality and develop a sense of who they are or becoming (Little, 2016). They are guided by different factors that are conspicuous in their behavior or just external factors that help identify the sex of an individual. Sexuality is one of the straightforward terms to know and differentiate because there are just two. I always thought that sexuality is like the orientation of the same. I always thought of heterosexuals and homophiles; however, I have come to understand sexuality has less to do with my gender but the values I have to conquer the life I have at stake.

I have discovered that I am male, the sexuality does not depend on the orientation of being a man or a woman. The values that I was brought up following are the most significant help for finding my sexuality. For instance, I was not brought up knowing that some jobs are solely related to masculine or feminine nature. I can do all tasks irrespective of who seems a better take on the same. When it comes to gender, I do cleaning at home and cook for my family members. I have also learned from my take on sexuality since judging people based on sexuality is not my habit at all costs. I was trained to have values that accept every person without judging them according to their decisions in life.

I have also learned that kindness is also a value that has taken a larger portion in making me accept people and their sexuality very quickly. Having good attributes makes life easier to maintain better results of interaction with people. The ability to adopt norms that help people live together reveals more what gender, sexuality, and sex are all about and the differences among them (Little, 2016). Sometimes, sexuality, gender, and sex come with responsibility baggage where we are expected to take charge and in one way or another, we are not well oriented on the same. I find it challenging to get the right act of holding the responsibilities without correct teachings and find it difficult for all.

I would say that the attribute that works for me is knowing that I was raised as a heterosexual and never interacted with anyone who would even explain to me what homosexuality means in the first place. Later, after being exposed to media, I found people are even getting married of the same gender. I consider having sexuality determined early and should be general except in extreme situations. The superiority of one gender may make the other one feel dilapidated in existence and wonder the difference since the two are human beings.

Another attribute that has enabled me to have a breakthrough in sexuality and have good values is my measure of respect and trust towards performing prescribed tasks. I have adopted a good rapport take from sexuality to make my networks with people even better. I have identified that sexuality has been affecting many lives globally in terms of assigning jobs and general articulation of issues. For instance, we find that men are not expected to do specific tasks which look more feminine than masculine. Understanding sex, gender, and sexuality is different and entitled differently because some values were not fundamental while growing up (Little, 2016).

In my opinion, gender, sexuality, and sex are interpreted differently from one culture to the next. The new perception should be based on the interpretation of sex and different cultures affected by sexuality should take a lesson to have them understand the values that guide one to be wholly in charge.

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